

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT
PLEASE RECYCLE



Recommendations

1 to 2 capsules once or twice daily, or as directed by your healthcare professional.

Warning

If pregnant, consult your physician before taking.

CONTAINS NO COATINGS, BINDERS, YEAST, WHEAT, GLUTEN, MILK/DAIRY, CORN PROTEIN, SOY PROTEIN, EGGS, SUGAR, HYDROGENATED OIL, ARTIFICIAL COLORING, ARTIFICIAL FLAVORING OR PRESERVATIVES.

Independently tested for authenticity, potency, lead, solvent residue, stability and bacteria, yeast and mold counts.

Doctor/Pharmacist Formulated



Magnesium
(citrate)
150mg

DIETARY SUPPLEMENT

100 CAPSULES

Supplement Facts

serving size: 1 capsule
servings per container: 100

	amount per serving	% daily value
Magnesium (as magnesium citrate)	150mg	37.5%

Other Ingredients: Gelatin Capsule, Magnesium Silicate, and Ascorbyl Palmitate.

MADE IN THE USA

manufactured for
VERIFIED QUALITY NATURAL PRODUCTS
45 KENNETH DOOLEY DRIVE
MIDDLETOWN, CT 06457 USA