

Super Nutrition

Active Women's Multivitamin



SOY ISOFLAVONES

BLACK COHOSH

CRANBERRY CONCENTRATE

180 TABLETS

DIETARY SUPPLEMENT



Suggested Use: Take 3 tablets daily with food.

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 60

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A (90% as retinyl acetate and 10% as beta-carotene)	3,000 mcg	333%	Molybdenum (from molybdenum amino acid chelate)	50 mcg	111%
Vitamin C (as ascorbic acid)	250 mg	278%	Potassium (from potassium amino acid chelate)	50 mg	1%
Vitamin D (as D3, cholecalciferol)	10 mcg	50%	Uva-Ursi (<i>Arctostaphylos uva-ursi</i>) (leaf)	60 mg	†
Vitamin E (as d-alpha tocopheryl succinate)	124 mg	827%	Dong Quai Extract (<i>Angelica sinensis</i>) (root)	50 mg	†
Vitamin K (as K1, phytonadione)	100 mcg	83%	Cranberry Concentrate (<i>Vaccinium macrocarpon</i>) (fruit)	40 mg	†
Thiamin (as thiamine HCl)	50 mg	4167%	Chamomile Extract (<i>Matricaria recutita</i>) (flower)	30 mg	†
Riboflavin	50 mg	3846%	Chaste Tree Extract (<i>Vitex agnus-castus</i>) (fruit)	25 mg	†
Niacin (as niacinamide)	50 mg	313%	Eleuthero Extract (<i>Eleutherococcus senticosus</i>) (root)	25 mg	†
Vitamin B6 (as pyridoxine HCl)	125 mg	7353%	GLA Powder (gamma linolenic acid)	25 mg	†
Folate (800 mcg Folic Acid)	1,360 mcg DFE	340%	Soy Isoflavones (Standardized to 10% isoflavones [2.5 mg])	25 mg	†
Vitamin B12 (as cyanocobalamin)	200 mcg	8333%	Citrus Bioflavonoid Complex	20 mg	†
Biotin	300 mcg	1000%	Inositol	20 mg	†
Pantothenic Acid (as d-calcium pantothenate)	150 mg	3000%	PABA (para-aminobenzoic acid)	20 mg	†
Choline (as choline bitartrate)	20 mg	4%	Alfalfa (<i>Medicago sativa</i>) (leaf)	15 mg	†
Calcium (from calcium carbonate, calcium citrate, and calcium amino acid chelate)	400 mg	31%	Black Cohosh Extract (root) (Standardized to 2.5% total triterpene glycosides [0.25 mg])	10 mg	†
Iron (from iron amino acid chelate)	18 mg	100%	Resveratrol (from <i>Polygonum cuspidatum</i> Extract) (root)	4 mg	†
Iodine (from kelp)	250 mcg	167%	Lutein (from Marigold Extract) (<i>Tagetes erecta</i>) (flower)	300 mcg	†
Magnesium (from magnesium oxide, magnesium citrate, and magnesium amino acid chelate)	400 mg	95%	Boron (from boron chelate)	200 mcg	†
Zinc (as zinc monomethionine)	15 mg	136%	Vanadyl Sulfate	50 mcg	†
Selenium (from selenium amino acid chelate)	200 mcg	364%			
Copper (from copper gluconate)	2 mg	222%			
Manganese (from manganese amino acid chelate)	10 mg	435%			
Chromium (from chromium nicotinate glycinate chelate)	100 mcg	286%			

† Daily Value not established.

Other Ingredients: Cellulose, Vegetable Stearin, Food Glaze, Silicon Dioxide (Silica), Dicalcium Phosphate, and Magnesium Stearate.

Contains: Soy

Not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, sesame, or gluten. Produced in an FDA-registered, third-party audited, and cGMP-compliant facility that may process other products that contain these allergens or ingredients.

Warnings: Keep out of reach of children. Consult with a licensed physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Sealed for your protection. Do not use if seal is missing or broken. Store in a cool, dry place. Protect from heat, light, and moisture.

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