

Suggested Use: One (1) capsule twice each day. Also suitable for men.

This product contains no preservatives, binders, artificial colorings or flavorings, sucrose, glucose, starch, lactose, salt, corn, wheat, or milk derivatives.

Tamper resistant: please do not use if safety seal is broken or missing.

Keep in a cool, dry place out of reach of children.



60 CAPSULES, Vegetarian Vcaps™

Supplement Facts

Serving Size 1 Capsules

Amount per Serving		% Daily Value
Vitamin C (as calcium ascorbate, buffered)	250 mg	416
Zinc (as picolinate)	15 mg	100
Bromelain	150 mg	†
Horse chestnut extract (Aescin 20%, 25 mg)	125 mg	†
Dandelion leaf - Taraxacum officinale	65 mg	†
Echinacea root - Echinacea augustifolia	30 mg	†
Echinacea root - Echinacea purpurea	30 mg	†
Cleavers herb - Galium aparine	25 mg	†
Blue Flag root - Iris versicolor	25 mg	†

† Daily Value not established

Other ingredients: Vegetable cellulose and water.

Opti-Recovery™ is suitable for vegetarians.

VITANICA®
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