



Formulated by Dr. Tori Hudson,  
a Naturopathic Physician specializing  
in women's natural health.

**Mood Tonic™** is a synergistic  
botanical blend supporting positive  
mood and promoting relief of  
agitation, tension and stress.\*

**Suggested Use:** Shake well before using.  
**Adults:** One (1) teaspoon, one to three  
times daily. Dilute in 2-3 ounces of  
water, or to taste. May be taken  
undiluted, or diluted in hot water for a  
nice herbal tea.

Avoid if pregnant, nursing, if bi-polar, if  
on oral contraceptives, antibiotics,  
narcotics, immune suppressant drugs,  
blood thinners, or with prescription  
anti-depressants.

This product contains no preservatives,  
binders, artificial colorings or flavorings,  
sugars, lactose, salt, wheat, gluten,  
soybeans, milk derivatives, eggs,  
peanuts, tree nuts, fish or shellfish.

Tamper resistant: please do not use if  
inner safety seal is broken or missing.  
Keep in a cool dry place out of reach of  
children.

# VITANICA®

## Tasty Tonics™



# MOOD TONIC™

**PEACH POSITIVE  
MOOD SUPPORT\***

FORMULATED BY DR. TORI HUDSON

**Dietary Supplement**  
**4 Ounces, 118 ml**

## Supplement Facts

Serving Size 4.92 ml/One Teaspoon,  
24 Servings per Container

| Amount per Serving                                      | % Daily Value |
|---------------------------------------------------------|---------------|
| Lemon balm herb<br>- <i>Melissa officinalis</i>         | 1000 mg †     |
| St. John's wort flower<br>- <i>Hypericum perforatum</i> | 150 mg †      |
| Passion flower herb<br>- <i>Passiflora incarnata</i>    | 100 mg †      |
| Rhodiola rosea root                                     | 50 mg †       |
| Stevia leaf extract<br>- <i>Stevia rebaudiana</i>       | 3.5 mg †      |
| † Daily value not established.                          |               |

Other ingredients: Vegetable glycerin,  
deionized water, natural peach and  
orange flavoring.

**Vitanica's Mood Tonic™**  
**is suitable for vegetarians**  
**and vegans.**

\* This statement has not been  
evaluated by the Food and Drug  
Administration. This product is  
not intended to diagnose, treat,  
cure or prevent any disease.



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