

Formulated by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Mood Tonic™ is a synergistic botanical blend supporting positive mood and promoting relief of agitation, tension and stress.*

Suggested Use: Shake well before using.

Adults: One (1) teaspoon, one to three times daily. Dilute in 2-3 ounces of water, or to taste. May be taken undiluted, or diluted in hot water for a nice herbal tea.

Avoid if pregnant, nursing, if bi-polar, if on oral contraceptives, antibiotics, narcotics, immune suppressant drugs, blood thinners, or with prescription anti-depressants.

This product contains no preservatives, binders, artificial colorings or flavorings, sugars, lactose, salt, wheat, gluten, soybeans, milk derivatives, eggs, peanuts, tree nuts, fish or shellfish.

Tamper resistant: please do not use if inner safety seal is broken or missing. Keep in a cool dry place out of reach of children.

VITANICA®

Tasty Tonics™



MOOD TONIC™

PEACH POSITIVE
MOOD SUPPORT*

FORMULATED BY DR. TORI HUDSON

Dietary Supplement

2 Ounces, 59 ml

Supplement Facts

Serving Size 4.92 ml/One Teaspoon,
12 Servings per Container

Amount per Serving	% Daily Value
Lemon balm herb ~ Melissa officinalis	1000 mg †
St. John's wort flower ~ Hypericum perforatum	150 mg †
Passion flower herb ~ Passiflora incarnata	100 mg †
Rhodiola rosea root	50 mg †
Stevia leaf extract ~ Stevia rebaudiana	3.5 mg †

† Daily value not established.

Other ingredients: Vegetable glycerin, deionized water, natural peach and orange flavoring.

Vitanica's Mood Tonic™ is suitable for vegetarians and vegans.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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