

SUPPLEMENT FACTS

Serving Size: 2 Capsules

Servings per Container: 50

Amount Per Serving

%Daily Value

Fenugreek seed

200 mg *

(Trigonella foenum-graecum)

Blessed thistle herb(Cnicus benedictus) 175 mg *

Goat's rue herb(Galega officinalis) 150mg *

Nettle herb(Urtica dioica) 150 mg *

Fennel seed(Foeniculum vulgare) 125 mg *

*Daily Value not Established

Other Ingredients: Vegetable Cellulose (capsule) and Diatomaceous Earth

NO: Chemical Fillers or Binders, Artificial coloring, artificial flavor, preservatives, yeast, corn, milk or milk derivatives, lactose, salt, sodium, soy, sugar, gluten, starch or wheat.

Mfg. for Signature Supplements
P.O.. Box 1112, San Clemente, CA
From a GMP Facility
yoursignaturesupplements.com

Signature Supplements

MOTHER'S MILK BOOST

with Fenugreek

Mothers Milk Boost Women around the world have used these herbs for centuries to boost their milk supply.* It is wonderful to experience the health and bonding benefits of breastfeeding! *

DIRECTIONS: For adults, take two (2) capsules daily. You can take up to 6 capsules a day safely. *

As a reminder, discuss the supplements and medications you take with your health care providers.

NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease



USE BY:12/15/2026

DIETARY SUPPLEMENT

100 CAPSULES

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