

Suggested Use: One (1) to three (3) capsules daily.

If taking prescription drugs, consult with your health care practitioner. Use caution with UV exposure. Avoid if pregnant, nursing or have bi-polar disorder.

This product contains no: preservatives, binders, artificial colorings or flavorings, sugars, starch, lactose, salt, corn, wheat, gluten, soy or milk derivatives.

Tamper resistant: please do not use if safety seal is broken or missing.

Keep in a cool, dry place out of reach of children.

Lot# 1003080 Exp: 04-13



ST. JOHN'S WORT™

Dietary Supplement
VITANICA®

90 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% Daily Value
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St. John's wort flower extract (.3% hypericins) ~ Hypericum perforatum	300 mg †
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St. John's wort herb ~ Hypericum perforatum	100 mg †
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† Daily Value not established

Other ingredients: vegetarian capsule (cellulose and water), l-leucine.

St. John's Wort™ is suitable for vegetarians.

VITANICA®