Luminous® provides nutrients supporting skin collagen formation, tissue strength and tissue elasticity as well as vitamins and minerals hair and nails need to grow and remain strong.*

Suggested Use: Two (2) to six (6) capsules per day.

Avoid if pregnant or nursing.

This product contains no: preservatives, binders, artificial colorings or flavorings, sugars, starch, lactose, salt, corn, wheat or milk derivatives.

Tamper resistant: please do not use if safety seal is broken or missing.

Keep in a cool, dry place out of reach of children.





Supplement Facts

Serving Size 2 Capsules

Amount per Serving		% Daily Value
Vitamin C (as calcium ascorbate, buffered)	125 mg	208
Vitamin D2 (as ergocalciferol)	50 IU	13
Vitamin E (as d-alpha tocopheryl succinate)	50 IU	167
Rote	200 mcg	67 15
Calcium (citrate, malate)	150 mg	15
Magnesium (as citrate, dimagnesium malate)	75 mg	19 17 33
Selenium (as L-selenomethionine)	12 mcg	17
Zinc (as picolinate)	5 mg	33
Silica	500 mcg	3
Horsetall herb ~ Equisetum arvense	125 mg	-
Nettle leaf extract 5:1 ~ Urtica dioca	50 mg	
Sotu kola herb extract 4:1 - Centella asiatica	100 mg	-
Rosemary leaf ~ Rosmarinus officinalis	90 mg	- 3
Oststraw aerial parts ~ Avena Sativa	90 mg	
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Other ingredients: vegetarian capsule (cellulose and water).
Vitamin E from soy. May contain gluten.

Luminous® is suitable for vegetarians.

Daily Value not established

* This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.