Formulated by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Skin Assist "promotes healthy skin by supporting normal moisture content and promoting increased collagen production and cell turnover, also by promoting balanced hormonal effects on the glands and physiological functions of the skin. \*

Suggested Use: Three (3) capsules once or twice per day. Also suitable for men.

Avoid use of this product if pregnant or nursing.

This product contains no: preservatives, binders, artificial colorings or flavorings, sugars, starch, salt, corn, wheat, yeast or milk derivatives.

Tamper resistant: please do not use if safety seal is broken or missing.

Lot#: 1303050 Exp: 04-2016

Keep in a cool, dry place out of reach of children.



**Actual Size** 



FORMULATED FOR WOMEN BY DR. TORI HUDSON

90 Vegetarian Capsules

## **Supplement Facts**

Serving Size 3 Capsules

		% Daily Value	
Vitamin A (as retinyl palmitate)	1,500 IU	30	
Vitamin C (as calcium ascorbate, buffered)	125 mg	208	
Calcium (as citrate, malate)	150 mg	15	
Vitamin D2 (as ergocalciferol)	50 IU	12	
Vitamin E (as d-alpha tocopheryl succinate)	50 IU	166	
Vitamin B6 (as pyridoxine HCL)	25 mg	1250	
Biotin	200 mcg	66	
Pantothenic acid (as Vit. B5, d-cal panthenate)	250 mg	2500	
Magnesium (as citrate, malate)	75 mg	18	
Zinc (as picolinate)	15 mg	100	
Selenium (as selenomethionine)	15 mcq	21 50	
Copper (as aspartate)	1 mg	50	
Silica	500 mcg	1	
-Hydroxyproline (Lumistor <sup>TM</sup> )	100 mg	1	
forsetail herb ~ Equisetum arvense	125 mg	1	
Gotu kola herb ~ Centella asiatica	100 mg	1	
Rosemary leaf ~ Rosmarinus officinalis	100 mg	1	
latstraw aerial parts ~ Avena sativa	100 mg		
Burdock root ~ Arctium lappa	75 mg		
Saw palmetto berries Serenoa repens	75 mg		
Nettles root ~ Urtica dioica	50 mg		
Daily Value not established			

Other ingredients: vegetarian capsule (vegetable cellulose and water), I-leucine.

May contain gluten. Vitamin E from soy.

Skin Assist™ is suitable for vegetarians.

\* This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.