

Formulated by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

OC Companion™ is a companion product for women currently taking oral contraceptives. Select nutrients and botanicals support balanced vitamin and nutrient levels and healthy hormone metabolism.*

Suggested Use: Two (2) capsules per day.

Avoid use during pregnancy and while nursing. Caution with anti-coagulant/anti-platelet agents.

This product contains no preservatives, binders, artificial colorings or flavorings, sugars, starch, lactose, salt, wheat, gluten, or milk derivatives.

Tamper resistant: please do not use if safety seal is broken or missing.

Keep in a cool, dry place out of reach of children.

Lot# 141600 Exp: 07-2016



Actual Size

OC COMPANION™

Dietary Supplement



FORMULATED FOR WOMEN
BY DR. TORI HUDSON
60 Vegetarian Capsules

Supplement Facts

Serving Size 2 Capsules

Amount per Serving	% Daily Value
Pro Vitamin A (as Betatene®, natural mixed carotenoids)	10,000 IU 200
Vitamin C (as calcium ascorbate)	500 mg 832
Vitamin E (as d-alpha tocopheryl succinate)	100 IU 333
Vitamin B2 (as riboflavin)	25 mg 1470
Vitamin B6 (as pyridoxal-5-phosphate)	25 mg 1250
Folate (as folic acid)	800 mcg 200
Vitamin B12 (as methylcobalamin)	250 mcg 4166
Zinc (as picolinate)	10 mg 125
Copper (as gluconate)	1 mg 50
DIM (Diindolylmethane)	50 mg †
Bromelain	500 GDU †
L. acidophilus	2 billion cfu+ †
Dandelion root ~ Taraxacum officinale	100 mg †
Borage seed oil extract ~ Borago officinalis	100 mg †
Garlic extract ~ Allium sativum	50 mg †
† Daily Value not established + at time of manufacture	

Other ingredients: vegetarian capsule (cellulose and water), cellulose, L-leucine, and silicon dioxide. Vitamin E from soy.

OC Companion™ is suitable for vegetarians.

* This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.