

1 SIZE[†]
2 STRENGTH[†]
3 ENDURANCE[†]

ADVANCED BENEFITS OF RYSE UP CREATINE[†]

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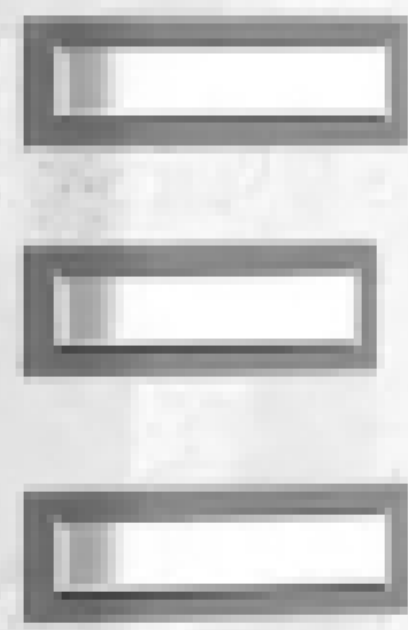
WWW.RYSESUPPS.COM

DIRECTIONS FOR USE: TAKE 1 SERVING DAILY MIXED WITH YOUR FAVORITE PRE-OR-POST WORKOUT BEVERAGE.

WARNING: RYSE UP™ CREATINE MONOHYDRATE™ IS INTENDED ONLY FOR HEALTHY ADULTS ABOVE THE AGE OF 18. ALL INDIVIDUALS SHOULD CONSULT A LICENSED HEALTHCARE PRACTITIONER BEFORE USING THIS PRODUCT. DO NOT USE THIS PRODUCT IF YOU ARE PREGNANT OR NURSING OR PLANNING ON BECOMING PREGNANT. DO NOT USE THIS PRODUCT IF YOU HAVE BEEN DIAGNOSED WITH OR HAVE A FAMILY HISTORY OF SERIOUS ILLNESS OR HYPOTENSION/HYPERTENSION. DISCONTINUE USE AND CONTACT A MEDICAL DOCTOR IMMEDIATELY IF YOU EXPERIENCE AN ADVERSE REACTION. KEEP OUT OF REACH OF CHILDREN.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



RYSE  LLC

[ELEMENT SERIES]

CREATINE MONOHYDRATE
 GUARANTEED PURITY[†]
 DIETARY SUPPLEMENT // 300 GRAMS / 10.6 OZ

Supplement Facts
 Serving Size: 5g (Approximately 1 Scoop)
 Servings Per Container: 60

Amount Per Serving	% DV
Creatine Monohydrate	5g *

Daily Value based on a 2,000 calorie diet
 *Daily Value (DV) Not Established

Other ingredients: None



MANUFACTURED EXCLUSIVELY FOR RYSE UP SPORTS NUTRITION, LLC,
 916 S LOCUST ST, DENTON, TX 76201

