

60 VEGCAPS  
DIETARY SUPPLEMENT

+ Sleep Support<sup>‡</sup>

ENTERIC COATED  
**5-HTP**  
50 mg

**Solaray**<sup>®</sup>  
EST. 1973



Since 1973, we've scoured the globe for the highest quality ingredients, connecting you with the most efficacious supplements that help you live brighter & embrace the moments that matter most.



**WARNING:** Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product. Not recommended for use with MAO-inhibiting antidepressant prescriptions. May cause drowsiness; do NOT use while driving or operating heavy machinery.

**Directions:** Use only as directed. Take 1 VegCap daily with a meal or glass of water. Store in a cool, dry place.

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## Supplement Facts

### Serving Size 1 VegCap

	Amount Per Serving	% Daily Value
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L-5-hydroxyTryptophan (as Griffonia simplicifolia) (seed extract)	50 mg	*
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\*Daily Value not established.

**Other Ingredients:** Cellulose, Vegetable Cellulose Capsule, Alpha Galactosidase and Magnesium Stearate.

**Discussion:** L-5-hydroxyTryptophan (5-HTP) may be converted by the body to serotonin, which is a major neurotransmitter of the central nervous system. Serotonin is known to promote a positive mood.<sup>‡</sup>

<sup>‡</sup>These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Mfd. by Nutraceutical Corp.

[www.nutraceutical.com](http://www.nutraceutical.com)

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