

Formulated by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Adrenal Tonic™ is a daily herbal chai spice tasty tonic promoting adaptation to stress and maintaining health in times of stress.*

Suggested Use: Shake well before using. Adults: One (1) teaspoon daily; can be taken up to twice daily for 2 weeks during times of extra stress. Dilute in 4-6 ounces of water, or to taste. May also be taken undiluted, or diluted in hot water for a nice herbal tea.

Cautions and contraindications: Avoid if pregnant or lactating, or if bipolar. Use with caution if hyperthyroid or on hypothyroid medication.

This product contains no common allergens.

Tamper resistant: please do not use if inner safety seal is broken or missing.

Keep in a cool dry place out of reach of children.

VITANICA®

Tasty Tonics™

Chai
Spice



ADRENAL TONIC™

**HERBAL ADAPTOGEN
CONCENTRATE***

FORMULATED BY DR. TORI HUDSON

Dietary Supplement
4 Ounces, 118 ml

Supplement Facts

Serving Size 4.92 ml/One Teaspoon,
24 Servings per Container

Amount per Serving	% Daily Value
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Maca root	
~ Lepidium peruvianum	500 mg †
Ashwagandha root	
~ Withania somnifera	200 mg †
Rhodiola rosea root	100 mg †
Stevia leaf extract	
~ Stevia rebaudiana	3.4 mg †

† Daily value not established.

Other ingredients: Deionized water, vegetable glycerin, vanilla natural flavor, essential oils of cinnamon, cardamom, fennel.

Vitanica's Adrenal Tonic™ is suitable for vegetarians and vegans.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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