

100 VEGCAPS
DIETARY SUPPLEMENT

+ Metabolism Support[‡]

CHOLINE & INOSITOL

250 mg

Solaray[®]
EST. 1973



Since 1973, we've scoured the globe for the highest quality ingredients, connecting you with the most efficacious supplements that help you live brighter & embrace the moments that matter most.



WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Use only as directed. Take 1 VegCap daily with a meal or glass of water. Store in a cool, dry place.

Supplement Facts

Serving Size 1 VegCap

	Amount Per Serving	% Daily Value
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Choline (from 250 mg of Choline Bitartrate)	97 mg	18%
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Inositol	250 mg	*
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*Daily Value not established.

Other Ingredients: Cellulose, Vegetable Cellulose Capsule and Organic Rice Extract Blend.

Discussion: Choline and Inositol are integral components of all cellular membranes. They are primarily known for fat metabolism. This supplement may help support healthy brain, cardiovascular and nervous system function.[‡]

[‡]These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Mfd. by Nutraceutical Corp, USA

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