



WE SUPPLEMENT THE FIT TO BECOME THE FITTEST

SWOLVERINE'S MAGNESIUM BISGLYCINATE is a premium, high-absorption magnesium supplement designed to support muscle recovery, reduce cramps, and promote relaxation. Formulated with **TRAACS®** Magnesium Bisglycinate from Albion, this chelated form of magnesium is more bioavailable and easier on the stomach than other forms, ensuring optimal absorption without digestive discomfort. Whether you're an athlete pushing your limits or simply looking to support overall wellness, Magnesium Bisglycinate helps keep your body performing at its best.

SUGGESTED USE 1 capsule taken 1 to 2 times daily preferably with meals or as directed by a healthcare professional.

CAUTION Do not exceed recommended dose. Pregnant or nursing mothers, children under 18 and individuals with a known medical condition should consult a physician before using this or an dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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MAGNESIUM BISGLYCINATE
MADE WITH TRAACS® MAGNESIUM FROM ALBION®

SUPPORTS
VITALITY*
ENERGY*
RECOVERY*

60 CAPSULES

SWOLVERINE



DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegetable Capsule

Serving Per Container: 60

Amount Per Serving	%Daily Value	
Magnesium	200mg	48%
(as magnesium bisglycinate chelate buffered - magnesium bisglycinate chelate and magnesium oxide) (Albion®)		

OTHER INGREDIENTS: Hydroxypropyl methylcellulose, vegetable magnesium stearate and silicon dioxide.

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Sourced from a GMP certified facility.
Formulated in USA.

Manufactured For
Swolverine
9005 Double Diamond Pkwy, STE 10
Reno NV 89521