



VITAL EXTRACTS

ASHWAGANDHA

470 mg | 1.5% Withanolides

+ Mood & Stress Support[†]

60 VEGCAPS
DIETARY SUPPLEMENT



Since 1973, we've scoured the globe for the highest quality ingredients, connecting you with the most efficacious supplements that help you live brighter & embrace the moments that matter most.



WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product. Do not use if you are pregnant. This product may potentiate the effects of barbiturates.

Directions: Use only as directed. Take 1 VegCap daily with a meal or glass of water. Store in a cool, dry place.

Supplement Facts

Serving Size 1 VegCap

| | Amount Per Serving | % Daily Value |
|--|--------------------|---------------|
|--|--------------------|---------------|

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| Ashwagandha (<i>Withania somnifera</i>) (root extract) (Supplying 7 mg [1.5%] Withanolides) | 470 mg | * |
|---|--------|---|

*Daily Value not established.

Other Ingredients: Vegetable Cellulose Capsule, Organic Rice Extract Blend and Silica.

Discussion: Used in Ayurvedic medicine as a rejuvenating tonic, Ashwagandha is known in the West as an adaptogen, a nutrient that appears to exert a stabilizing influence on body systems during periods of stress.[†]

[†]These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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www.nutraceutical.com

Comments or Questions:

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