

DIRECTIONS: Chew one tablet daily or as directed by a healthcare professional, as a dietary supplement.

DO NOT USE IF SAFETY SEAL IS BROKEN.

Keep out of reach of small children.

Store at room temperature.

#WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under six. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

FORMULATED & DISTRIBUTED BY: CELEBRATE VITAMINS
516 CORPORATE PKWY, WADSWORTH, OH 44128, USA
CelebrateVitamins.com 877-424-1953



Celebrate

CelebrateONE 45 with Iron

DIETARY SUPPLEMENT

TROPICAL TWIST 30 CHEWABLE TABLETS



Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	10	Biotin	600 mcg 2,000%
Total Carbohydrate	3 g 1%*	Pantothenic acid (as D-calcium pantothenate)	20 mg 400%
Vitamin A (as ω -retinyl palmitate & 50% as beta-carotene)	3,000 mcg 333%	Iron (as carbonyl iron) [†]	45 mg 250%
Vitamin C (as ascorbic acid)	180 mg 200%	Iodine (as potassium iodide)	150 mcg 100%
Vitamin D (as ω -cholecalciferol (D3)) (3,000 IU)	75 mcg 375%	Magnesium (as magnesium oxide)	100 mg 24%
Vitamin E (as ω -d-alpha-tocopheryl acetate)	40 mg 267%	Zinc (as zinc citrate)	30 mg 273%
Vitamin K (as phyloquinone)	120 mcg 100%	Selenium (as sodium selenite)	140 mcg 255%
Thiamin (as thiamin mononitrate)	12 mg 1,000%	Copper (as copper citrate)	3 mg 333%
Riboflavin	12 mg 923%	Manganese (as manganese amino acid chelate)	2 mg 87%
Niacin (as niacinamide)	40 mg 250%	Chromium (as chromium amino acid chelate)	225 mcg 643%
Vitamin B6 (as pyridoxine HCl)	4 mg 235%	Molybdenum (as molybdenum amino acid chelate)	75 mcg 167%
Folate (as calcium L-5-methyltetrahydrofolate)	1,333 mcg DFE 333%		
Vitamin B12 (as methylcobalamin & cyanocobalamin)	500 mcg 20,833%		

* Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Mannitol, xylitol, stearic acid, natural flavors, turmeric root (for color), beet root (for color), magnesium stearate, medium chain triglyceride (MCT) powder, silica, citric acid and sucralose.

[†] Denotes water miscible.