

**sweet dreams**

a better tomorrow starts tonight™

Melatonin is a safe, drug-free and non-habit forming way to help promote peaceful sleep for both kids and adults. With a convenient liquid dropper, these are easy for taking just the right amount you need.\*

   @nutrachamps

**#ChampionYourLife**

For questions email:

**support@nutrachamps.com**

**This Bottle Supports a Child or Mother in Need.**

Every product you purchase from us makes a difference by providing life-changing vitamins to those in need.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**CAUTION:** Keep out of the reach of children. This sleep aid is made with melatonin, a drug-free and non-habit-forming ingredient. This product is not intended to be used as a snack, and should only be used as recommended. Not suitable for children under the age of 3. Do not exceed recommended dose. Melatonin may cause drowsiness or sleepiness; do not take when driving, operating machinery, or engaging in any activity that requires alertness. Pregnant or nursing mothers, children under the age of 18, or individuals with a known medical condition should consult a physician before using this or any dietary supplement. Do not use if safety seal is damaged or missing.

NUTRA  CHAMPS

# melatonin

soothing sleep support\*



natural berry flavor

liquid drops

180 servings

1.52 OZ / 45 ML

LIQUID DIETARY SUPPLEMENT



## Supplement Facts

Serving Size: 5 Drops (0.25 mL)  
Servings Per Container: 180

| Amount Per Serving | % DV    |
|--------------------|---------|
| Melatonin          | 1 mg ** |

\*\* Daily Value (DV) not established

Other Ingredients: Purified Water, Organic Vegetable Glycerine, Natural Berry Flavor, Citric Acid, Stevia (leaf), Potassium Sorbate, Purple Carrot Extract.

DISTRIBUTED BY  
**NUTRACHAMPS®**  
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1-866-272-6888 | NUTRACHAMPS.COM

**ZERO** GLUTEN, SOY, EGGS, DAIRY, NUTS, GELATIN OR ANIMAL PRODUCTS

**SERVING SUGGESTIONS**  
**3-5 Years Old:** Consult your physician for serving recommendation. Do not exceed 5 drops (1 mg)  
**6-12 Years Old:** Take 10 drops (2 mg)  
**12 Years & Older:** Take 15 drops (3 mg)  
**Adults:** Take 25 drops (5 mg) or as needed. Do not exceed 10 mg.

**DIRECTIONS:** Take drops orally 30-60 minutes before bedtime. Place in mouth and swallow. Alternatively, drops can be added to water or juice. Store in a cool, dry place. Shake well before each use.

