

SUGGESTED USE

Take 3 capsules daily with 8-12 fl. oz. of water.

BENEFITS

- Project Shred is loaded with key ingredients that support weight loss, regulate water retention and maintain hormone balance.*
- Dandelion and Uva Ursi work together to support weight loss and help the body manage normal, healthy water retention.*
- Juniper Berry and Buchu Leaf help to regulate and maintain digestive health.*
- Our formula contains Indole-3-Carbinol, DIM, and Acacetin - three powerful ingredients that maintain normal, healthy cortisol levels and promote estrogen balance.*

WARNING: Not intended for anyone under the age of 18. If you are nursing, pregnant, taking medication or have a medical condition, consult your physician before taking this product.

**KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY & DARK PLACE.**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ANABOLIC WARFARE

PROJECT SHRED

PROJECT MUSCLE SERIES

- › **Manages** Normal, Healthy Cortisol Levels*
- › **Balances** Water Retention*
- › **Maintains** Hormone Health*

90
CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 3 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
White Button Mushroom (<i>Agaricus bisporus</i>) Fruiting Body Extract	300mg	†
3,3'-Diindolylmethane (DIM)	200mg	†
Indole-3-Carbinol	200mg	†
Buchu (<i>Agathosma betulina</i>) Leaf Extract	125mg	†
Dandelion (<i>Taraxacum officinale</i>) Root Extract	125mg	†
Juniper (<i>Juniperus communis</i>) Berry Extract	125mg	†
Uva Ursi (<i>Arctostaphylos uva-ursi</i>) Leaf Extract	125mg	†
Acacetin (5,7-Dihydroxy-4-methoxyflavone)	60mg	†
Resveratrol 20% Powder (from Japanese Knotweed (<i>Polygonum cuspidatum</i>) Root)	50mg	†

† Daily Value (DV) Not Established

OTHER INGREDIENTS: Gelatin Capsule (Titanium Dioxide), Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide

MANUFACTURED FOR & DISTRIBUTED BY:
ANABOLIC WARFARE
AUSTIN, TX • 888.301.4002



Manufactured in a facility which processes Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, and Sesame.

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