

30 CAPSULES
DIETARY SUPPLEMENT

FERMENTED LIPOSOMAL MULTIVITAMIN

Vitamin K2 MK-7,
B Vitamins & Probiotics



Suggested Use: Adults take 1 capsule daily with food. Not intended for children.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin A (as retinyl acetate)**	900 mcg	100%
Vitamin C (as ascorbic acid)**	90 mg	100%
Vitamin D (as cholecalciferol)**	30 mcg (1200 IU)	150%
Vitamin E (as alpha-tocopherol acetate)**	15 mg	100%
Vitamin K (as phylloquinone)**	120 mcg	100%
Thiamin (as thiamin mononitrate)**	1.2 mg	100%
Riboflavin (as riboflavin)**	1.3 mg	100%
Niacin (as nicotinic acid)**	16 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)**	1.7 mg	100%
Folate (as L-methylfolate)**	400 mcg DFE (235 mcg)	100%
Vitamin B12 (as methylcobalamin)**	24 mcg	1000%
Biotin (as biotin)**	30 mcg	100%
Pantothenic Acid (as calcium-D-pantothenate)** <small>(as calcium-D-pantothenate)</small>	5 mg	100%
Iodine (as potassium iodide)**	150 mcg	100%
Zinc (as zinc oxide)**	11 mg	100%
Selenium (as sodium selenate)**	55 mcg	100%
Manganese (as manganese dioxide)**	2.3 mg	100%
Molybdenum (as sodium molybdate)**	45 mcg	100%
Vitamin K2 (as menaquinone-7)	100 mcg	+
Lemon Balm Leaf Extract	100 mg	+
Grape Seed Extract	100 mg	+
<i>Bacillus coagulans</i> SNZ 1969™ 1 Billion CFU*	10 mg	+

+ Daily Value not established.

Other Ingredients: Vegetable cellulose (capsule), lemon essential oil powder, organic rice hulls, organic rice bran extract, sunflower lecithin.

*At time of expiration.

**Fermented Liposomal Nutrient.

Distributed by Garden of Life LLC

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Dr. Formulated

MULTI+



Heart Health

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children.

Store in a cool, dry place. Do not use if safety seal is broken or missing.

Made without dairy or soy ingredients, peanut or shellfish. Manufactured in a facility that also processes egg, soy, dairy, wheat, fish, tree nuts and sesame.

Package size is determined by labeling information, not the number of servings in this container. The serving size and contents are clearly marked.

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RECYCLE



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