



Always start with a Smidge®

Suggested use: Start with 1 capsule daily with food. Then take four capsules together, or as directed by a practitioner.

Get the morning kick you need, without irritating your stomach.†

Smidge® Morning Magnesium is specially formulated to be easy on the stomach and good for your bones, joints and muscles.†

Combined with a healthy diet, Smidge® Morning Magnesium can help you maintain nutritional balance and achieve optimal health.†

Smidge® supplements are guaranteed clean and potent. Free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, gluten, sesame, and soybeans. No artificial colors, flavors, or preservatives.

Storage: Store in a cool, dry place. Do not use if the safety seal is broken or missing.
KEEP OUT OF REACH OF CHILDREN.



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

SMALL BATCH SUPPLEMENTS



Morning Magnesium Dietary Supplement

(Magnesium Orotate, Taurinate and Malate)

- Supports Energy Production†
- With Boron for Better Absorption†
- No Fillers

120 Capsules

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

Amount Per Serving	% Daily Value	
Magnesium (as magnesium malate, magnesium taurinate, and magnesium orotate)	200 mg	48%
Boron (as boron glycinate complex)	1.5 mg	*

*Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, water.

Made in the USA for Organic 3, Inc.
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