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or call 1-800-437-4148

- Great source of iodine
- Supports healthy thyroid function\*\*
- May support a healthy body weight\*\*

Science-Backed Quality Since 1969

**Suggested use:** As a dietary supplement, take one tablet per day with water. Do not exceed recommended dose.

**WARNING:** For adults only. Consult your healthcare provider before using this or any product if you are pregnant or nursing, taking medication or have a medical condition.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

\*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# Kelp

Thyroid Support\*\*

IODINE SOURCE

MINERAL SUPPLEMENT | 250 TABLETS

## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	
Iodine (from kelp)	225 mcg	150%
Atlantic Kelp	56 mg	*
<i>(Ascophyllum nodosum)</i> (standardized to 0.4% iodine)		

\*Daily Value not established.

Other ingredients: Dicalcium phosphate, calcium carbonate, microcrystalline cellulose (plant fiber), stearic acid, silica, magnesium stearate, acacia, maltodextrin.

**May contain crustacean shellfish (lobster, crab and shrimp).**

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