

swanson.com
or call 1-800-437-4148

- Helps fortify your immune health and provide additional antioxidant support**
- Promotes eye, heart and metabolic health**
- Supports natural collagen production**

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule one to two times per day with food and water.

WARNING: For adults only. Consult your healthcare provider before using this or any product if you are pregnant or nursing, taking medication or have a medical condition.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON[®]

C-500

Vitamin C with Rose Hips
Immune Health^{**}

500 mg per capsule

VITAMIN SUPPLEMENT | **400 CAPSULES**

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Vitamin C (as ascorbic acid)	500 mg	556%
Rose Hips 4:1 Extract (<i>Rosa spp.</i>) (equivalent to 50 mg rose hips powder)	12.5 mg	*

*Daily Value not established.

Other ingredients: Gelatin, rice flour, magnesium salt of fatty acids, silica.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

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