

swanson.com
or call 1-800-437-4148

- Helps maintain the health of organs and tissues**
- Provides a highly bioavailable form of copper for increased absorption

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one tablet per day with water.

WARNING: For adults only. Consult your healthcare provider before using this or any product if you are pregnant or nursing, taking medication or have a medical condition.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON®

Copper

Essential Trace Mineral

2 mg per tablet

MINERAL SUPPLEMENT | 300 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	
Copper	2 mg	222%
(as copper chelate)		

Other ingredients: Calcium carbonate, microcrystalline cellulose (plant fiber), stearic acid, maltodextrin, magnesium stearate, croscarmellose sodium, pharmaceutical glaze.

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