

swanson.com
or call 1-800-437-4148

- Helps fortify your immune health and provide additional antioxidant support**
- Promotes eye, heart and metabolic health**
- Supports collagen production**

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one tablet one to two times per day with food and water.



WARNING: For adults only. Consult your healthcare provider before using this or any product if you are pregnant or nursing, taking medication or have a medical condition.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.


SWANSON

C-500

VITAMIN C WITH ROSE HIPS
Immune Support**

500 mg per tablet

VITAMIN SUPPLEMENT | 500 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% Daily Value
Vitamin C (as ascorbic acid)	500 mg	556%
Rose Hips (from concentrate)	50 mg	*

*Daily Value not established.

Other ingredients: Microcrystalline cellulose (plant fiber), stearic acid, croscarmellose sodium, magnesium stearate, film coating (sodium alginate, glycerin), Vivacoat Ocean Pure, purified water, silica.

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