



PROTOCOL
FOR LIFE BALANCE®

K₂ MK-7 & D₃

180 mcg K₂ / 5000 IU D₃

- Vascular Health*
- Structural Support*

MenaQ7
Vitamin K₂ as MK-7

60 Veg Capsules
A Dietary Supplement



SUGGESTED USAGE: Take 1 capsule daily with a fat-containing meal, or as directed by your healthcare practitioner.

HOW IT WORKS: Vitamins D₃ and K₂ have been extensively studied regarding their roles in calcium metabolism.* Research indicates that a synergistic relationship exists between vitamin K₂ and vitamin D₃, especially in terms of bone strength and cardiovascular health.* While vitamin D₃ is recognized for its role in calcium absorption and metabolism, it is vitamin K₂ that directs calcium to bones rather than joint spaces and arteries.* This product is formulated with a clinically relevant dose of MK-7, a unique, soy-free form of vitamin K₂ that has been shown to promote healthy vascular structures.*

CAUTIONS/INTERACTIONS: Vitamin D should be used cautiously by those taking cardiac glycosides and anyone with hypercalcemia. Vitamin D supplements may interact with statins and thiazide diuretics. Vitamin K is contraindicated with warfarin or other anti-coagulant medications. If you are taking any of these prescription medications, consult your healthcare practitioner before using this product.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

This bottle is made from 100% PCR (post-consumer recycled) resin.

CODE
P03848

V6 7



Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Vitamin D ₃ (as Cholecalciferol) (from Lanolin)	125 mcg (5,000 IU)	625%
Vitamin K ₂ (as Menaquinone-7) (MK-7) (MenaQ7®)	180 mcg	†

† Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Hypromellose (cellulose capsule) and Silicon Dioxide.

Formulated & Distributed by Protocol For Life Balance
395 S. Glen Elyn Rd., Bloomingdale, IL 60108, USA
protocolforlife.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. MenaQ7® is a registered trademark of NattoPharma ASA, Norway. Patents granted and pending.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.