



**PROTOCOL
FOR LIFE BALANCE®**

CoQ10

400 mg

• Supports Healthy Heart Muscle*

• With Vitamin E & Sunflower Lecithin



60 Softgels

A Dietary Supplement

SUGGESTED USAGE: Take 1 softgel 1 to 2 times daily with food, or as directed by your healthcare practitioner.

HOW IT WORKS: Coenzyme Q₁₀, also called ubiquinone, is present in almost all cells, where it is necessary for mitochondrial energy production.* The body's highest concentrations of coenzyme Q₁₀ (CoQ₁₀) are found in the heart, where constant chemical energy availability is imperative.* In addition to its positive impact on cardiac function through energy production, CoQ₁₀ also functions as a powerful fat soluble free radical scavenger for vascular structures, as well as for other tissues.*

CAUTIONS/INTERACTIONS: Coenzyme Q₁₀ may interact with anticoagulant and antihypertensive medications, as well as with chemotherapy agents. Statin medications have been shown to decrease CoQ₁₀ levels in the body and CoQ₁₀ supplementation may be useful when taking these drugs. Consult your healthcare professional if you are taking any of these medications.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

CODE
P3198B
V8



Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	5	
Total Fat	0.5 g	<1%**
Vitamin E (as d-alpha Tocopherol) (soy-free)	20 mg	133%
Coenzyme Q ₁₀ (CoQ ₁₀)	400 mg	†
Sunflower Lecithin	35 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, organic caramel color], Organic Extra Virgin Olive Oil and Silicon Dioxide.

Formulated & Distributed by Protocol For Life Balance
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
protocolforlife.com

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

PEG-free.

Protocol For Life Balance® CoQ₁₀ is a pharmaceutical grade, all-trans form produced by fermentation.

