

SUGGESTED USAGE: Take 1 capsule 1 to 3 times daily, or as directed by your healthcare practitioner.

HOW IT WORKS: Milk thistle (*Silybum marianum*) has been used by traditional herbalists for centuries. Silymarin, an extract of milk thistle, is composed of a family of flavonoids, including silybin, with smaller amounts of silydianin and silychristin. Milk thistle has been shown to support the production of glutathione by the liver.* Studies indicate that the constituents in silymarin may help to support healthy liver function.* This vegetarian formula also includes extracts of artichoke and dandelion for additional support.

CAUTIONS/INTERACTIONS: Milk thistle may interact with some drugs, including acetaminophen. May trigger mild, transient GI discomfort. Consult your healthcare practitioner if you are pregnant/lactating or if you suffer from obstruction of the bile ducts, gallstones, or gallbladder dysfunction. Do not take this product if you have an allergy to plants of the Asteraceae family.

 **CODE**
P4739
V7



PROTOCOL
FOR LIFE BALANCE®

Milk Thistle Extract

300 mg

Liver Support Formula*

• With Artichoke & Dandelion



90 Veg Capsules

A Dietary Supplement Vegetarian/Vegan

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Milk Thistle Extract (<i>Silybum marianum</i>) (Fruit/Seed) (Standardized to 240 mg Silymarin Flavonoids - equivalent 80%)	300 mg**
Dandelion Root (<i>Taraxacum officinale</i>)	100 mg**
Artichoke (<i>Cynara scolymus</i>) (Leaf)	50 mg**

** Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Silicon Dioxide and Magnesium Stearate (vegetable source).

Formulated & Distributed by Protocol For Life Balance
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
protocolforlife.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.