



PROTOCOL
FOR LIFE BALANCE®

Clinical Stress Relief

With Lactium® &
Ashwagandha

- Mood & Sleep Support*
- Support for Everyday Stress*

60 Veg Capsules
A Dietary Supplement

SUGGESTED USAGE: Take 1 capsule 1 to 2 times daily, with or without food, or as directed by your healthcare practitioner. May be taken during daytime for stress or before bed to help with sleep.*

HOW IT WORKS: Clinical Stress Relief features Lactium®, a clinically tested milk protein derivative. Lactium® has been shown to support healthy cortisol levels and thus, can help to relieve the symptoms of stress from everyday life.* In addition, it can help to bring on sleep more quickly, maintain uninterrupted sleep, and promote better overall sleep quality.* Ashwagandha has been included as an "adaptogen", which helps the body adapt to typical daily stress.*

CAUTIONS/INTERACTIONS: Not recommended for pregnant/nursing women. Do not take if allergic to milk protein. Consult your healthcare practitioner if taking medication (especially thyroid hormones) or have a medical condition (especially thyroid and gastrointestinal conditions, including ulcers). Discontinue use if rash/itching occurs.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



EUA # 1482865

CODE
P2375
V1



Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Casein Hydrolysate (Bioactive Milk Peptides) (Lactium®)	150 mg**
Ashwagandha Extract (<i>Withania somnifera</i>) (Root and Leaf) (min. 2.5% Total Withanolides)	300 mg**

** Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Stearic Acid (vegetable source) and Silicon Dioxide. Contains milk.

Formulated & Distributed by Protocol For Life Balance
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protocolforlife.com

Not manufactured with yeast, wheat, gluten, soy, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Lactium® is a registered trademark of Ingredia.
Natural color variation may occur in this product.
Store in a cool, dry place after opening.