

HELLO!

We're Barlean's and we make **premium foods and nutritional supplements** here in the Pacific Northwest. Our family business has grown a lot in 30+ years, but we still do things our way:

- ✓ Create seriously delicious ways for people to get essential nutrients
 - ✓ Use only purified fish oils
 - ✓ Share our profits to help people locally and around the world
- SUPPORTS:**
HEART HEALTH*
BRAIN FUNCTION*
JOINTS & BONES*

3x Better Absorption

Our special emulsified formula is absorbed better than traditional fish oil or softgels, so you get more of the Omega-3s your body needs.

SWEET TASTE & CREAMY TEXTURE
NO ARTIFICIAL FLAVORS OR COLORS

Suggested Use:

Adults & children ages 4 and up: 1 Tbsp daily. Great straight or in yogurt, oatmeal or smoothies.



SPOON



TOP

Keep out of reach of children and never give to pets.



BLEND

Refrigerate after opening

SHAKE WELL

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

• PIÑA COLADA •

ESTD 1989

BARLEAN'S

• SERIOUSLY DELICIOUS •

OMEGA-3

FROM FISH OIL

OMEGA-3
EPA/DHA **1,080mg**



NATURAL
FRUIT
FLAVOR

3X BETTER ABSORPTION

**TASTE THE FRUIT,
NOT THE FISH.**

DAIRY FREE
SUGAR FREE**

** Not a low calorie food



DIETARY SUPPLEMENT

NET WT. 16 oz (1 lb) 454 g

Supplement Facts

Serving Size 1 Tbsp (15.9 g)
Servings Per Container 29

	Amount per Serving	% Daily Value
Calories	60	
Total Fat	4 g	5%*
Saturated Fat	1.5 g	7%*
Polyunsaturated Fat	1.5 g	†
Monounsaturated Fat	1 g	†
Cholesterol	25 mg	9%
Total Carbohydrate	6 g	2%*
Total Sugars	0 g	†
Includes 0g Added Sugars		0%*
Sugar Alcohol	5 g	†
Total Omega-3 Fatty Acids	1240 mg	†
EPA and DHA	1080 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Ingredients: Water, fish oil (anchovy, mackerel, sardine and/or tuna), xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, antioxidant blend (Vitamin E (as d-alpha tocopherol), green tea extract, rosemary extract, and ascorbyl palmitate), guar gum, sorbic acid.

Learn more about a Pathway to a Better Life:
Barleans.com • 800.445.3529

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LA-00258-14



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