

swanson.com
or call 1-800-437-4148

- May help convert fat into energy**
- Promotes lean muscle development**
- Supports exercise recovery and performance**

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one tablet per day with water one to two hours before a meal or as recommended by your healthcare provider.



NOTE: This hygroscopic material readily absorbs moisture. Store in original bottle. Keep lid tightly sealed.

WARNING: For adults only. Consult your healthcare provider before using this or any product if you are pregnant or nursing, taking medication or have a medical condition.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



L-Carnitine

Fatty Acid Metabolism**

500 mg per tablet

DIETARY SUPPLEMENT | 100 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
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Calcium	190 mg	15%
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L-Carnitine Base	500 mg	*
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*Daily Value not established.

Other ingredients: Calcium carbonate, microcrystalline cellulose (plant fiber), stearic acid, magnesium stearate, aqueous film coating (purified water, hydroxypropyl methylcellulose, vegetable glycerin), silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
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