

**Fresh Cold-Pressed, for Maximum Nutrition.**

Our clear fresh flax oil is gently cold-pressed and never heated, to maintain the best taste and nutrition.

- High in ALA, a Vital Omega-3 Fatty Acid
- Pure & Unrefined
- Non-GMO & Gluten Free



LEARN MORE ABOUT A  
PATHWAY TO A BETTER  
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Ferndale, MA 98248



FRESHNESS DATING



\* Not actual size of softgel



GLUTEN FREE

Fresh

NON-GMO

# FLAX OIL

Freshly Cold Pressed

100% VEGAN

WORLD'S  
FRESHEST  
FLAX OIL®

DIETARY SUPPLEMENT

100 Softgels



## Supplement Facts

Serving size 3 Softgels (3 g)  
Servings Per Container 33

	Amount per serving	% Daily Value
Calories	30	
Total Fat	3 g	4%*
Polyunsaturated Fat	2 g	†
Monounsaturated Fat	0.5 g	†
Total Carbohydrate	1 g	< 1%*

### Omega-3 Polyunsaturated Fat

Alpha Linolenic Acid (ALA) 1650 mg †

### Omega-6 Polyunsaturated Fat

Linoleic Acid (LA) 410 mg †

### Omega-9 Monounsaturated Fat

Oleic Acid 480 mg †

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**INGREDIENTS:**  
Flaxseed oil, veggie softgel (modified tapioca starch, water, and glycerite).

**SUGGESTED USE:**  
3 softgels up to 3 times daily. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.



LA-00359-00