

Fresh Cold-Pressed. Packed with Omega-3 & Lignans.

We've left in some of the flax particulate, which provides powerful antioxidant flax lignans.

- High in ALA, a Vital Omega-3 Fatty Acid
- Pure & Unrefined, with Lignan Flax Particulate
- North American Grown, Non-GMO & Gluten Free



LEARN MORE ABOUT A
PATHWAY TO A BETTER LIFE:

barleans.com - 800/445-3529

Barlean's Ferndale, WA 98248

FRESHNESS DATING



ESTD 1949

BARLEAN'S



GLUTEN FREE

NON-GMO

Lignan

FLAX OIL

Made with North American Flaxseed - Freshly Cold Pressed

DIETARY SUPPLEMENT

100 Softgels

WORLD'S
FRESHEST
FLAX OIL®

Supplement Facts

Serving size 3 softgels (3 g)

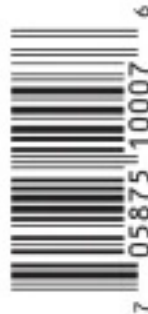
Servings Per Container 33

	Amount per serving	% Daily Value
Calories	30	
Total Fat	3 g	4%*
Polyunsaturated Fat	2 g	†
Monounsaturated Fat	0.5 g	†
Omega-3 Polyunsaturated Fat		
Alpha Linolenic Acid (ALA)	1550 mg	†
Omega-6 Polyunsaturated Fat		
Linoleic Acid (LA)	385 mg	†
Omega-9 Monounsaturated Fat		
Oleic Acid	450 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

INGREDIENTS: Flaxseed oil, softgel (gelatin, glycerine, water, and caramel color), and flaxseed particulate.

SUGGESTED USE: 3 softgels up to 3 times daily. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.



LA-00168-08

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PATENTS: See www.barleans.com/patents