

Barlean's Fresh Catch® Fish Oil

is a pure and pristine source of purified, fish oil.

- 3rd party tested for heavy metals and other contaminants
- Harvested from small-bodied fish in pristine waters
- Non-GMO, Gluten Free



FRESHNESS DATING

LEARN MORE ABOUT A
PATHWAY TO A BETTER LIFE:

barleans.com

800/445-3529

Barlean's Ferndale, WA 98248



ESTD 1989

BARLEAN'S



NON-GMO

PURIFIED

Fresh Catch®

FISH OIL

600 mg OMEGA-3 EPA/DHA

100 Softgels

ORANGE FLAVOR

DIETARY SUPPLEMENT

Supplement Facts

Serving size 2 softgels (2 g)

Servings Per Container 50

	Amount per serving	% Daily Value
Calories	20	
Total Fat	2 g	3%*
Saturated Fat	0 g	2%*
Polyunsaturated Fat	1 g	†
Monounsaturated Fat	1 g	†
Cholesterol	10 mg	3%

Omega-3 Polyunsaturated Fat

Eicosapentaenoic Acid (EPA)	360 mg	†
Docosahexaenoic Acid (DHA)	240 mg	†
Other Omega-3 Fatty Acids	60 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

INGREDIENTS: Fish oil (Anchovy, Sardine and/or Mackerel), softgel/gelatin, glycerine, water, and caramel color, natural citrus flavors, and antioxidant blend (natural mixed tocopherols, rosemary extract, ascorbyl palmitate, ascorbic acid).

SUGGESTED USE: 2 softgels, up to 3 times daily. Keep bottle tightly closed. Store in a cool, dry place out of reach of children.



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PATENTS: See www.barleans.com/patents