

A single Vitamin A soft gel provides 3,000 mcg RAE (10,000 IU) of water-solubilized retinyl palmitate for enhanced absorption.

**WARNING:** Taking vitamin A from retinol in quantities of 10,000 IU or more is known to cause birth defects or other reproductive harm.

**⚠ WARNING:** Reproductive Harm  
— [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov)

**POTENCY & QUALITY  
GUARANTEED**



1121-1e



Vitamin

**A**

**3,000 mcg RAE Solubilized  
(10,000 IU)**

DIETARY SUPPLEMENT

✓ Vision Support\* ✓ Bone Health\* ✓ Immune Function\*

**100 Soft Gels | 100 Servings**

## Supplement Facts

Serving Size 1 Soft Gel  
Servings Per Container 100

	Amount Per Serving	% Daily Value
Vitamin A (as retinyl palmitate)	3,000 mcg RAE	333%

Other Ingredients: Polysorbate 80, soft gel shell (beef gelatin, glycerin, water).

**Directions:** Adults: take one soft gel daily **at mealtime**. Do not exceed recommended dosage. Do not take if you are pregnant or planning to become pregnant.

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\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.