



Superior Absorption

Chelated Manganese

20 mg Per Serving

DIETARY SUPPLEMENT

✓ Healthy Metabolism* ✓ Bone Support* ✓ Brain Health

100 Tablets | 100 Servings

Manganese is an essential trace mineral involved in many body functions, including supporting a healthy metabolism, and promoting bone and brain health.* **Chelated Manganese** contains manganese bound to the amino acid glycine for optimal absorption.

- ✓ **Gluten-free**
- ✓ **No Artificial Preservatives**



*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



5631-3c

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 100

| | Amount Per Serving | % Daily Value |
|---|--------------------|---------------|
| Manganese (from manganese glycinate chelate) | 20 mg | 870% |

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid (veg.), silicon dioxide, rice flour, ethylcellulose.

Directions: Adults: take one tablet every other day **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

POTENCY & QUALITY GUARANTEED

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