

Carlson®

Vitamin

A

3,000 mcg RAE (10,000 IU)

DIETARY SUPPLEMENT

✓ Vision Support\* ✓ Immune Function\* ✓ Skin Health†

100 Soft Gels | 100 Servings

## Supplement Facts

Serving Size 1 Soft Gel

Servings Per Container 100

	Amount Per Serving	% Daily Value
Vitamin A (from cod liver oil and retinyl palmitate)	3,000 mcg RAE	333%

Other Ingredients: Soft gel shell (beef gelatin, glycerin, water). Contains fish (cod).

**WARNING:** Taking vitamin A from retinol in quantities of 10,000 IU or more is known to cause birth defects or other reproductive harm.

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**Directions:** Adults: take one soft gel daily **at mealtime**. Do not take if you are pregnant or planning to become pregnant.

**WARNING:** Reproductive Harm  
— [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov)

**POTENCY & QUALITY GUARANTEED**



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