



# K Complete

**K1 & K2 as MK-4 & MK-7**

DIETARY SUPPLEMENT

✓ Cardiovascular Function\* ✓ Bone Support\* ✓ Blood Health\*

**45 Soft Gels | 45 Servings**

## Supplement Facts

Serving Size 1 Soft Gel  
Servings Per Container 45

	Amount Per Serving	% Daily Value
Vitamin K <sub>1</sub> (as phylloquinone)	500 mcg	417%
Vitamin K <sub>2</sub> [as MK-4 (menatetrenone)]	1.5 mg	†
Vitamin K <sub>2</sub> [as MK-7 (menaquinone-7)]	45 mcg	†

† Daily Value not established.

Other Ingredients: Medium chain triglyceride oil, olive oil, soft gel shell (bovine gelatin, glycerin, water, carob).

**Directions:** Adults: take one soft gel daily at mealtime. Keep bottle tightly closed. Store away from heat and moisture.

Distributed by Carlson Division of J.R. Carlson Laboratories, Inc., Lincolnshire, IL 60069 USA  
888-234-5656 • carsonlabs.com • An FDA Regulated Facility

**K Complete** provides the dynamic trio of vitamin K<sub>1</sub>, K<sub>2</sub> as MK-4, and K<sub>2</sub> as MK-7. The MK-7 in this formula is derived from chickpeas.

**Warning:** Vitamin K can antagonize the effect of anticoagulants, including Warfarin. Do not take this product if you are taking Warfarin or are pregnant or breastfeeding without first consulting with your physician.

**MenaQ7** is a registered trademark of NattoPharma, Norway. Patents granted and pending.  
Vitamin K<sub>2</sub> as MK-7

✓ **Gluten-free** ✓ **No Artificial Preservatives**

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

**POTENCY & QUALITY GUARANTEED**



1041-2d

Distributed by Carlson Division of J.R. Carlson Laboratories, Inc., Lincolnshire, IL 60069 USA