

Natural
Lemon
Flavor



- ✓ Cognitive Health*
- ✓ Joint Support*
- ✓ Cardiovascular Function*

15 — 5 mL Liquid Packets
2.54 fl oz (75 mL)

DIETARY SUPPLEMENT



Carlson

- ✓ Gluten-free
- ✓ No Artificial Preservatives

Cod Liver Oil has received numerous awards for its taste and quality. To ensure maximum freshness, Cod Liver Oil is closely managed from sea to store. We source the highest quality Arctic cod off the coast of Norway using traditional, sustainable methods. The same day they're caught, our cod are transported to a highly regulated Norwegian facility for processing and purification. It's then packaged with a touch of antioxidants and is given a nitrogen flush to remove oxygen and to help prevent oxidation. Each packet of Cod Liver Oil provides 1,100 mg of omega-3s, including EPA and DHA, which support heart, brain, vision, and joint health.* Like all Carlson omega-3s, freshness, potency, and purity are guaranteed.

Supplement Facts

Serving Size 1 Packet (5 mL)
Servings Per Container 15

	Amount Per Serving	% DV
Calories	40	
Total Fat	4.5 g	6%**
Saturated Fat	0.5 g	3%**
Cholesterol	15 mg	5%
Vitamin A (from cod liver oil and retinyl palmitate)	255 mcg RAE*	28%
Vitamin D (from cod liver oil and cholecalciferol)	10 mcg (400 IU)	50%
Vitamin E (as d-alpha tocopherol)	6.7 mg	45%
Norwegian Cod Liver Oil	4.6 g	†
Total Omega-3 Fatty Acids*	1,100 mg	†
DHA (Docosahexaenoic Acid)*	500 mg	†
EPA (Eicosapentaenoic Acid)*	370 mg	†
DPA(Docosapentaenoic Acid)*	50 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established. *Reported as triglycerides.

Other Ingredients: Natural lemon flavor, natural mixed tocopherols. Contains fish (cod). *Vitamin A: 255 mcg RAE = 850 IU

Directions: Adults: take one packet daily **at mealtime.**

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

Manufactured & packaged in Norway for J. R. Carlson Laboratories, Inc. Arlington Heights, IL 60004 USA 888-234-5656 • carlsonlabs.com



1359-2a



Carlson

Wild Norwegian

Cod Liver Oil

1,100 mg Omega-3s
+ Vitamins A & D3

- ✓ Cardiovascular Function*
- ✓ Cognitive Health*
- ✓ Joint Support*



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DIETARY SUPPLEMENT | 0.17 fl oz (5 mL)

1358-2a

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Supplement Facts Serv. Size 1 Packet (5 mL), Amount Per Serving: **Calories** 40, **Total Fat** 4.5 g (6%** DV), Sat. Fat 0.5 g (3%** DV), **Cholest.** 15 mg (5% DV), **Vit. A** (from cod liver oil and retinyl palmitate) 255 mcg RAE[▲] (28% DV), **Vit. D** (from cod liver oil and cholecalciferol) 10 mcg (50% DV), **Vit. E** (as d-alpha tocopherol) 6.7 mg (45%), **Norwegian Cod Liver Oil** 4.6 g †, Total Omega-3 Fatty Acids* 1,100 mg †, DHA (Docosahexaenoic Acid)* 500 mg †, EPA (Eicosapentaenoic Acid)* 370 mg †, DPA (Docosapentaenoic Acid)* 50 mg †, ** Percent Daily Values are based on a 2,000 calorie diet. † Daily Value (DV) not established. *Reported as triglycerides.

Other Ingredients: Natural lemon flavor, natural mixed tocopherols. Contains fish (cod). [▲]Vitamin A: 255 mcg RAE = 850 IU
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