DIRECTIONS: Adults, take 2 capsules daily as a dietary supplement.

MODO DE USO: Adultos, tomar 2 cápsulas al dia como suplemento.

VALERIAN ROOT is a plant known to help with insomnia by helping reduce the amount of time it takes to fall asleep. It is also known to help with anxiety,stress, and many other conditions. *

STORE IN A COOL DRY PLACE. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSNG. KEEP OUT OF REACH OF CHILDREN. MANTENER FUERA DEL ALCANCE DE LOS NINOS.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PROUDLY MADE IN THE USA.

SUNSHINE NATURALS®

Raiz de Valeriana

VALERIAN ROOT

1000mg per serving

NATURAL ANXIETY & SLEEP AID.*

100 CAPSULES

HERBAL SUPPLEMENT

SUPPLEMENT FACTS

Serving Size 2 Capsule
Servings per Container 50

Amount per Serving	% Daily Value
Valerian Root 1000 mg. (Valerians Officinalis)	**

**Daily Value not established.

Other Ingredients: Magnesium Stearate, Silicon Dioxide, Cellulose.

Distributed by American Naturavit Inc.
Miami, FL 33166 305-593-5417
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ITEM #: 10093

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