

SUGGESTED USE: Take 1 capsule daily preferably with a meal or as directed by your physician.

CAUTION: For adults only. Consult physician if you are pregnant or nursing, taking medication, or have a medical condition.

ALLERGEN INFORMATION: Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE OR REFRIGERATE. SUITABLE FOR VEGETARIANS. MANUFACTURED IN THE USA IN A GMP COMPLIANT FACILITY.

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InterPlexus®

W H O L E B O D Y H E A L T H

B-KALM PLEXUS™

Supports Healthy Energy Levels*

Dietary Supplement

60 Vegetarian Capsules



SUPPLEMENT FACTS

Serving Size: 1 Capsule

Servings per Container: 60

	Amount Per Serving	% DV
VITAMIN B1 (As Thiamine Hcl)	6.2 mg	517%
VITAMIN B2 (Riboflavin)	6.2 mg	477%
NIACIN (Nicotinic Acid)	40 mg	250%
VITAMIN B6 (Pyridoxine HCL)	9.2 mg	541%
FOLATE	*** 767 mcg DFE (460 mcg folic acid)	192%
VITAMIN B12 (Methyl Cobalamin)	40 mcg	1667%
BIOTIN	260 mcg	867%
PANTOTHENIC ACID (As D Calcium Pantothenate)	25 mg	500%
MAGNESIUM (As Magnesium Citrate Malate)	12 mg	3%
PHOSPHATIDYLSERINE (from Sunflower)	12 mg	**
ORGANIC ASHWAGANDHA ROOT	60 mg	**

* Daily Value (DV) not established *** DFE=Dietary folate equivalent

OTHER INGREDIENTS: Cellulose (from capsule), Silicon Dioxide, Magnesium Stearate.

NON
GMO

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.