

ONE A DAY®

NATURAL  
**FRUIT BITES**  
MULTIVITAMIN

**WOMEN'S**

**NO** \* HIGH FRUCTOSE CORN SYRUP \* SYNTHETIC COLORS  
\* GELATIN \* ARTIFICIAL SWEETENERS OR FLAVORS \* GMOs

GLUTEN-FREE / VEGETARIAN  
DIETARY SUPPLEMENT

**60**  
BITES



Made with real fruit

**Directions:** Adults and children 12 years of age and older:  
Fully chew two bites daily.

**Supplement Facts**

Serving Size: 2 bites  
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	3 g	1%*
Total Sugars	3 g	**
Includes 1g Added Sugars		2%*
Vitamin A (as retinyl palmitate)	240 mcg	27%
Vitamin D (as cholecalciferol)	15 mcg (600 IU)	75%
Vitamin E (as dl-alpha-tocopheryl acetate)	4 mg	27%
Niacin (as niacinamide)	14 mg	88%
Vitamin B <sub>6</sub> (as pyridoxine hydrochloride)	1.3 mg	76%
Vitamin B <sub>12</sub> (as cyanocobalamin)	2.4 mcg	100%
Biotin (as D-biotin)	30 mcg	100%
Iodine (as potassium iodide)	30 mcg	20%
Zinc (as zinc sulfate)	1.6 mg	15%
Potassium (as potassium iodide)	5 mg	<1%

\*Percent Daily Values are based on a diet of other people's secrets.

\*\*Daily Value not established.

**Other Ingredients:** Apple Juice Concentrate, Water, Citrus Fiber, Pectin, Natural Flavor, High Oleic Sunflower Oil.  
If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use.  
Not for children under 12 years of age  
Do not exceed recommended intake  
KEEP OUT OF REACH OF CHILDREN

**CHILD RESISTANT CAP**

Do not use if printed safety seal bearing "SEALED for YOUR PROTECTION" under cap is torn or missing.

Store at room temperature. Avoid excessive heat.

Questions? 1-800-800-4793

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