

# PURE PROTEIN™

100% WHEY  
PROTEIN SUPPLEMENT

25g  
PROTEIN<sup>†</sup>

2g  
SUGAR<sup>†</sup>

160  
CALORIES<sup>†</sup>



**RICH CHOCOLATE**  
NATURALLY AND ARTIFICIALLY FLAVORED  
SUPPORTS LEAN MUSCLE & STRENGTH\*

NET WT. 16 OZ (1 LB) (453 g)

## Supplement Facts

Serving Size About 1 Scoop (41.2g)  
Servings per Container 11

Amount Per Serving	% Daily Value
Calories 160	
Total Fat 2.5 g	3%**
Saturated Fat 2 g	10%**
Cholesterol 85 mg	28%
Total Carbohydrate 9 g	3%**
Dietary Fiber <1 g	2%**
Total Sugars 2 g	***
Includes <1 g Added Sugars	1%**
Protein 25 g	46%**
Calcium 200 mg	15%
Sodium 200 mg	9%
Potassium 300 mg	6%
Iron 1.3 mg	7%

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*\*Daily Value not established.

INGREDIENTS: Protein Blend (Ultrafiltered Whey Protein Concentrate, Microfiltered Whey Protein Isolate), Maltodextrin, Cocoa (processed with alkali), Natural and Artificial Flavors, Cellulose Gum, Lecithin, Salt, Xanthan Gum, Calcium Carbonate, Dicalcium Phosphate, Acesulfame Potassium, Sucralose.

Contains milk and soy ingredients.

Made in a facility that also processes peanuts, tree nuts, egg, wheat, sesame, shellfish, and fish.

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For questions or reorders call: 1-800-854-5019 or visit our website at  
www.pureprotein.com

Contains bioengineered food ingredients.

**Directions:** For adults, mix 1 scoop into your favorite beverage, one to two times daily. 100% Whey can be taken immediately following exercise or as needed throughout the day.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

**KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**

Contents are sold by weight.  
Some settling may occur.

Each Serving contains  
over 5 grams of the  
following Branched Chain  
Amino Acids from protein,  
which typically provides:

- Isoleucine - 1.5 g
- Leucine - 2.6 g
- Valine - 1.4 g

### Typical Amino Acid Profile (milligrams per 41.2 g scoop\*\*\*\*)

Essential Amino Acids		Nonessential Amino Acids	
Histidine	458 mg	Alanine	1,271 mg
Isoleucine	1,524 mg	Arginine	642 mg
Leucine	2,650 mg	Aspartic Acid	2,738 mg
Lysine	2,295 mg	Cysteine	503 mg
Methionine	482 mg	Glutamic Acid	4,282 mg
Phenylalanine	799 mg	Glycine	468 mg
Threonine	1,725 mg	Proline	1,404 mg
Tryptophan*****	449 mg	Serine	1,255 mg
Valine	1,459 mg	Tyrosine	720 mg

\*\*\*\*\*L-Tryptophan is naturally occurring, not added.  
\*\*\*\*approximate values

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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