6AM Run Track Fuel is a clean runners protein, without cheap fillers such as maltodextrin or fructose. Our ingredients include Whey, Sweetener, Flavoring, Digestive Enzymes for absorption and a small amount of BCAAs for protein synthesis.

High quality ingredients mean you get more protein in every scoop and more servings in each container. Our whey contains an incredible 75% protein, while many other brands contain less than 70%, adding extra carbs and fats.

Digestive Enzymes Papain and Protease were added for optimal protein absorption. Whey Isolate and BCAAs aid in protein synthesis.

- 24g Protein per Serving
- Added Whey Isolate for Protein Synthesis
- Digestive Enzymes for Absorption
- Cold-Processed Whey Protein
- Ultra-Filtered Whey
- Natural BCAAs for Fast Recovery
- Mixes Easily

Suggested Use: Mix one rounded scoop with 4-6oz of water, milk, or your favorite beverage. Vary the amount of liquid for taste preference.

Approximate Amino Acids per Serving (Naturally Occurring)

Alanine	1208 mg	Arginine	665 mg
Aspartic Acid	2515 mg	Cystine	566 mg
Glutamic Acid	4015 mg	Glycine	437 mg
Histidine	422 mg	Isoleucine*	1429 mg
Leucine*	2450 mg	Lysine	2389 mg
Methionine	528 mg	Phenylalanine	756 mg
Proline	1416 mg	Serine	1231 mg
Threonine	1618 mg	Tryptophan	416 mg
Tyrosine	727 mg	Valine*	1268 mg
Total BCAAs	5147 mg		

Warning: If you have any health conditions, are pregnant, breastfeeding, or taking medication, ask a physician prior to use. Keep out of reach of small children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

6AM RUN

WWW.6AMRUN.COM

6AM RUN

WHEY PROTEIN

TRACK FUEL

ULTRA FILTERED / FAST ABSORPTION / BCAA ENRICHED

24G WHEY PROTEIN **4G** CARBS **3G** SUGAR

NET WEIGHT 907G (2LB) / DIETARY SUPPLEMENT

COOKIES & CREAM ICE CREAM

Supplement Facts

Serving Size 32g (1 Rounded Scoop)
Servings Per Container 28

Amount Per Serving		% Daily Value**
Calories	130	
Calories from Saturated Fat	10	
Total Fat	2.5 g	3%*
Saturated Fat	1.5 g	6%*
Cholesterol	60 mg	20%
Total Carbohydrate	4 g	1%*
Total Sugars	3 g	‡
Includes 0g Added Sugars		0%
Protein	24 g	
Calcium	120 mg	9%
Sodium	55 mg	2%
Potassium	206 mg	4%

**Percent Daily Values are based on a 2,000 calorie diet.
‡Daily Value not established.

Other Ingredients: Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Cookie Pieces (Unbleached Enriched Flour (Wheat Flour, Niacin,Reduced Iron, Thiamine Mononitrate {Vitamin B1} Riboflavin {Vitamin B2} Folic Acid), Sugar, Palm and/or Canola Oil, Cocoa (processed with Alkali), High Fructose Corn Syrup, Leavening (Baking Soda and/or Calcium Phosohate), Cornstarch, Salt, Soy Lecithin, Vanillin-and Artificial Flavor, Chocolate, Natural and Artificial Flavors, Sucralose, BCAA Blend (Leucine, Isoleucine, Valine), Digestive Enzyme Blend (Papain, Protease).
Contains: Milk, Soy, Wheat

Manufactured For: 6AM RUN
2207 Concord Pike, Suite 120
Wilmington, 19803

7 45558 34367 3

@6AMRUN
@6AM.RUN