

www.6AMRun.com

DIRECTIONS: Stir 1 scoop with 6-8 ounces of cold water and consume in the morning and/or between meals. Pre-Workout, take 1 or more servings 20-30 minutes before activity. Post-Training, take 1 or more servings immediately after finishing activity.

WARNING: Check with a qualified health care professional before taking this product if you are pregnant or nursing a baby, under 18 years of age, have any known or suspected medical conditions, and/or if you are taking any prescription or OTC medications.

KEEP OUT OF REACH OF CHILDREN.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Manufactured For: 6AM RUN
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6AM RUN

SUPER GREENS

BOOST THE IMMUNE SYSTEM, REDUCE INFLAMMATION, DETOXY BODY, AND PROMOTE HEALTHY DIGESTION.

NET WT. 270 G (9.5 OZ)

Supplement Facts

Serving Size One Scoop (8.5g)
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	20	
Cholesterol	- mg	
Total Carbohydrate	6g	2%*
Dietary Fiber	4g	16%*
Sugars	1g	**
Protein	1g	
Vitamin A	895 IU	18%
Vitamin C (as Ascorbic Acid)	147 mg	245%
Thiamin (as Thiamine HCL)	1mg	67%
Niacin (as Niacinamide)	15 mg	75%
Vitamin B6 (as Pyridoxine HCL)	1 mg	50%
Vitamin B12 (as Methylcobalamin)	3 mcg	50%
Sodium	30 mg	1%
Potassium	105 mg	3%
V Core Greens	3000 mg	**
<small>Wheat Grass, Organic Spirulina, Organic Alfalfa Grass, Organic Barley Grass, Organic Lemon, Organic Gotu Kola, Organic Kale, Organic Astragalus, Organic Bitter Melon, Organic Oat Grass, Organic Chlorella</small>		
V Core Antioxidants	500 mg	**
<small>Organic Beet Root, Bilberry, Maqui Berry (Aristotelia Chilensis) (Fruit), Pomegranate Fruit, Acai Berry, Acerola, Amla, Jabuticaba, Cranberry, Goji, Mangosteen, Maqui Berry, Strawberry, Organic Schisandra</small>		
V Core Immunity	300 mg	**
<small>Vitamin C, Organic Tumeric Root, Reishi Mushroom (Ganoderma Lucidum) (Whole Mushroom)</small>		
V Core Digestive Enzymes	200 mg	**
<small>Cellulase, Papain, Protease, Lipase</small>		

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

INGREDIENTS: Chicory Root Inulin, Natural Flavors, Stevia.