

Manufactured in the USA by:

**Douglas Laboratories**

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5-HTP capsules contain a natural source of L-5-Hydroxytryptophan extracted from the seeds of the Griffonia plant.

**Suggested Usage:** As a dietary supplement, adults take 1 to 2 capsules daily, or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

5HTP



# 5-HTP

A Dietary Supplement



100 Vegetarian Capsules

## Supplement Facts

Serving Size 1 vegetarian capsule

Servings Per Container 100

Amount Per Serving	%DV
L-5-Hydroxytryptophan	50 mg *

\*Daily Value not established.

Other ingredients: Cellulose and vegetable stearate.