

Supports Cellular Function*

With 500 mg inositol per serving

- Helps form phospholipids, a major component of cell membranes*
- Promotes neurotransmitter function*
- Supports a healthy nervous system*

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Green Bay, WI 54311 USA
Bottled and tested in the USA
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BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

◆ LH40461.01 BLK8362



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's
way

INOSITOL

Supports
Cellular Function*

500 MG
PER SERVING

100 CAPSULES - DIETARY SUPPLEMENT

Recommendation: Adults take 1 capsule daily, preferably with food. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule

| Amount per Serving | | % DV† |
|--------------------|--------|-------|
| Total Carbohydrate | <1 g | <1%† |
| Inositol | 500 mg | ** |

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: gelatin (capsule), cellulose, magnesium stearate

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

GLUTEN FREE. No wheat, soy, dairy, or artificial colors or flavors.