Hermetic seal under cap for safety and freshness. Contains no artificial colours, preservatives or sweeteners, dairy, starch, wheat or yeast.

Each Softgel Capsule Contains:

Flaxseed Oil 1000 mg (Linum usitatissimum)

Encapsulated in a soft gelatin capsule (gelatin, glycerin, purified water and carob).

Lignans are natural phytochemicals found in flaxseeds. Studies have shown lignans to have protective health benefits.

Suggested Usage: 1-3 softgel capsules 3 times daily or as directed by a physician. Keep out of reach of children.

For product freshness protect from heat and humidity.

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