

Warning: Do not use if you are pregnant, attempting to become pregnant, or nursing. If you have a medical condition (including depression, dementia, diabetes, autoimmune, endocrine, blood clotting, or seizure disorder), or if you are taking any medications, consult a healthcare professional before use. This product may cause drowsiness; do not drive or operate machinery while taking this product. Avoid alcohol and other sedatives while taking this product. For occasional sleeplessness only; if you are experiencing long-term sleep difficulties, consult a healthcare professional.

Keep out of reach of children. Safety sealed with outer shrink band. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

◆ LH10746.C01 BLQ8920C

GLUTEN FREE • VEGAN

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Questions? 1-800-962-8873 / naturesway.com

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**NON-HABIT
FORMING
SLEEP
SUPPORT***

**Nature's
Way**

SLEEP TONIGHT™ **MELATONIN DROPS**

Cherry Flavored

Promotes Restful
Sleep & Relaxation*

WITH
Clinically Studied
Suntheanine® L-Theanine

2 FL OZ (59 mL) - DIETARY SUPPLEMENT

Recommendation: Shake well before each use. Adults take 2.5 droppers (2.5 mL) 30-60 minutes before bedtime. May be taken directly or combined with water or juice. Not formulated for children. Take only as directed. Do not exceed recommended dose.

Supplement Facts

Serving Size 1/2 teaspoon (tsp) (2.5 mL)

Servings per Container 23

Amount per Serving	% DV†
Calories	5
Total Carbohydrate	1 g <1%†
Total Sugars	0 g **
Includes 0 g Added Sugars	0%†
Sugar Alcohol	1 g **
L-Theanine (Suntheanine®)	200 mg **
Nighttime Herbal Blend: Passionflower (aerial parts) Extract, Lemon Balm (leaf) Extract	20 mg **
Melatonin	5 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: glycerin, purified water, citric acid (preservative to maintain freshness), vegetable and fruit juice color, natural flavor, potassium sorbate (preservative to maintain freshness)