



RAW FOREST FOODS

VÅREN FOREST NETTLE ROOT

Select Harvested Stinging Nettle

Endocrine Support
With **β-Sitosterol**
Prostate Health *

Full Spectrum &
Full Potency
Extract Powder

Prepared • Ready to Use

DIETARY SUPPLEMENT
NET WT.: 2.47 OZ (70 GRAMS)

ENHANCE, BALANCE, & OPTIMIZE

Founded in 2010, RAW Forest Foods is the destination for Adaptogenic, Pro-Androgenic, and Tonic phyto-therapeutic herbs and supplements.* Born in tradition and steeped in science, we professionally—and artfully—craft these products using premier, hand-selected ingredients and master formulations. We invite you to Discover the Infinite Power Within.*

Serving Instructions: This expertly prepared extract powder is ready to use: Simply add the desired amount to several ounces of warm or hot water, stir to dissolve, and enjoy.

Suggested Usage: As a dietary supplement, adults take 2 grams (roughly 3/4 tsp.) 1 – 2 times daily, preferably on an empty stomach. As with all dietary supplements, please consult a qualified healthcare practitioner prior to use.

Supplement Facts		0064 01/2024
Serving Size: 2 grams / 2000 Mg		
Servings Per Container: 35		
Amount Per Serving	%DV	
Stinging Nettle Root Extract (<i>Urtica dioica</i> ; Select-harvested; Full Spectrum, Full Potency, Unstandardized Extract)	2000 mg	†
† Daily Value (DV) not established		

Other Ingredients: None.

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This product is GMO free, vegan/vegetarian, and has been manufactured in the US with global ingredients in a certified organic & FDA cGMP registered facility. Formulated by master herbalists.

May contain traces of maltodextrin (occurring as part of the extraction process). No fillers, no drying agents, and never irradiated. Welcome to the trail family.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL DRY PLACE.



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.